## 2 An arm supporting pillow in sling 3 apparatus, comprising in combination a flexible sling, with a strap to be 4 5 supported by a user's shoulder area, 6 b) an insert pillow received in the sling, 7 and to be retrievable from the sling, 8 c) the sling and pillow dimensioned to 9 receive a user's forearm alongside the pillow, in the 10 sling. 11 12 The combination of claim 1 wherein the 2. 13 14 pillow has a width between 2 % inch and 6 inches. 15 16 17 3. The combination of claim 1 wherein the strap has releasable connection to the sling, proximate 18 fore and aft ends thereof. 19 20 21 The combination of claim 1 wherein the 22 4. 23 sling has a releasable drop panel which, when dropped, 24 allows the user's forearm to dangle downwardly from and 25 below the sling.

I Claim:

The combination of claim 4 wherein the 1 5. drop panel, when released, dangles downwardly from a 2 3 rear portion of the sling while remaining carried by 4 the sling. 5 6 7 6. The combination of claim 1 including a hand holder carried adjacent a fore portion of the 8 9 pillow. 10 11 The combination of claim 1 wherein the 12 7. sling has forwardly extending panels which are foldable 13 to be connectible together along upper extent of the 14 sling, to close the sling over the user's forearm and 15 16 pillow, and to allow upward opening of the sling to release the user's forearm and the pillow. 17 18 19 20 8. The combination of claim 6 wherein the 21 hand holder comprises a strap, adjustably attached to 22 the pillow. 23

The combination of claim 1 wherein the 1 9. pillow consists of foam material, and has a jacket 2 covering the foam material. 3 4 5 6 10. The combination of claim 9 wherein said 7 pillow consists of one of the following: 8 i) foam rubber, 9 ii) foam plastic, 10 iii) an inflatable container. 11 12 The combination of claim 1 including a 13 11. body strap having opposite ends respectively connected 14 15 to the sling and to the pillow, and having length to 16 extend about the user's body. 17 18 19 The combination of claim 1 wherein the 20 pillow has releasable connection to the sling. 21 22 The combination of claim 7 wherein the 23 13. 24 pillow has releasable connection to one of the panels. 25

14. The combination of claim 7 including a sling having a bottom panel which is adjustable in width to allow sling size adjustment. б The combination of claim 7 wherein the sling strap has adjustable connection to said panels, allowing limited rotary adjustment of the sling and pillow about a forwardly extending axis.